

Your surgery/procedure, a \_\_\_\_\_, has been scheduled for \_\_\_\_\_,  
\_\_\_\_\_ at \_\_\_\_\_ with Dr. \_\_\_\_\_.

You will need to see your family doctor, Dr. \_\_\_\_\_ on \_\_\_\_\_  
at \_\_\_\_\_ for a general physical examination. You will need to report  
to the admissions desk at Fleming County Hospital on \_\_\_\_\_ at \_\_\_\_\_  
for pre-admission testing. Report to the ER/OP desk at Fleming County Hospital at \_\_\_\_\_ on the day  
of your surgery.

### PRE OPERATIVE INSTRUCTIONS/TEACHING

#### For your safety and comfort, you must follow these instructions:

- Eat only a light meal at dinner the night before your surgery.
- Do not drink any alcoholic beverages during the 24 hours before your surgery.
- Do not eat or drink anything, not even water, chew gum or smoke after 12 midnight the night before surgery. It is important that your stomach be empty when your surgery is performed. If not, your surgery may be cancelled.
- Shower/bathe with soap prior to coming to the hospital the day of your surgery.
- Brush your teeth without swallowing.
- Please remove all makeup, lipstick, nail polish, and mascara prior to coming to the hospital. All jewelry, including rings, should be left at home because all jewelry must be removed before going to surgery.
- Bring the cases in which you place your eyeglasses or contact lenses.
- Wear casual, comfortable clothing.
- Bring to the hospital all medications in the correct containers that you currently take and list of prior surgery/procedures. You may take B/P and Heart medication with sips of water the morning of your surgery.
- If you take insulin, do not take your morning dose but bring your insulin with you.
- Remove your dentures before surgery. They will be placed in a denture cup and returned to you after surgery.
- Make arrangements for a responsible adult to drive you home following your recovery period from surgery
  1. You will not be permitted to leave the hospital unaccompanied (or)
  2. Your surgery may be cancelled if you have not made arrangements to be accompanied home.
- Before beginning anesthesia, you will be seen by the Anesthesia Provider who will review your medical history and speak with you about your anesthetic choices. Any questions will be answered at this time.
- Children may bring a stuffed animal or blanket to accompany them to the operating room.
- Should you develop an illness, even minor, such as cold, rash, diarrhea, or earache, notifies your surgeon at once as it may be necessary to reschedule your surgery.
- Do not drive a car, operate machinery, make any important decisions, or sign any documents for at least 24 hours after an anesthetic. The drugs can cloud your judgment even though you feel completely recovered.
- One visitor per patient admitted at any time, except children (both parents).
- **Contact the surgeon's office for further instructions regarding blood thinners.**

I have read these instructions and they have been explained to me. I understand these instructions.

\_\_\_\_\_  
PATIENT'S SIGNATURE

\_\_\_\_\_  
RESPONSIBLE PERSON

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
DATE